

CNEP Teaching Record Log (FS-A104)

Food Recalls

Dates:

Due Done

Attempted Visits

Group Name/Location

Participant Name

NEA Name

Topic

Dates

Activity/Handouts/Mini-Goals/Progress

* Enrollment w/survey and/or Food Recall	/	
* Fix it Fast, Eat at Home	/	
* MyPyramid	/	
* Plan, Know What's for Dinner	/	
* Shop, Get the Best for Less	/	
* Shop, Get the Facts	/	
* Fix it Fast, Fix it Safe	/	
* Making Smart Breakfast Choices	/	
* Eat Smart, Eat More Fruits & Vegetables	/	
Making Smart Beverage Choices	/	
Smart Size Your Portions & Right Size You	/	
Smart Choices When Eating Out	/	
Smart Choices When Eating Fast Food	/	

Topic	Dates	Activity/Handouts/Mini-Goals/Progress
Smart Lunch Choices		
Pregnancy		
Breastfeeding		
Infants		
Children		
Choosing to Move More Throughout the Day		
Choose, Plan and Do for a Healthier You		
Healthy & Strong		
Limit TV		
* Final Recall & Survey to Exit Program		

Additional Comments:

<u>Nutritional Needs/Goals</u>	Goals Met	
	Yes	No