



2014 Outcomes

Oklahoma Cooperative Extension Service
Family & Consumer Sciences

GOAL

CRITICAL TRENDS

EXTENSION RESPONSE

REDUCE HUNGER

- 1 in 6 adult Oklahomans and 1 in 4 children struggle with hunger daily because the household lacked money and other resources for food
- 15.81% of Oklahoma's population receives monthly SNAP benefits

- 35% increase in those who plan to use money saving meal planning or food shopping practices
- 45% increase in those who plan to not run out of money for food
- 64% increase in those who plan to grow, produce, hunt or fish for some of their own food

IMPROVE HEALTH

Oklahoma ranks:

- 6th most obese state
- 3rd for adult heart disease
- 8th for hypertension
- 11th for diabetes
- Total annual health-related costs of food borne illness in Oklahoma is \$1.7 million

- 51% increase in adults planning to use simple recipes to cook food
- 34% increase in youth who plan to use safe food handling practices
- 74% increase in youth who plan to eat a serving of vegetables 3 or more times each day
- 39% increase in youth who plan to eat or drink a serving of calcium-rich food 2 or 3 times each day

PROTECT THE ENVIRONMENT

- In Oklahoma, 50% of our households don't have access to recycling programs
- Oklahoma ranks 10th in highest energy consumption per capita

- Programs taught participants how to repurpose and upcycle items such as books, china and glassware, and textiles
- Educational programs have been created and implemented to educate Oklahomans on how to be better stewards of the environment

INCREASE SAFETY

- 1 out of 3 adults age 65 and older fall each year
- Over 14% of Oklahoma's population is age 65 years and older; 9.6% live alone
- Between 15% and 30% of American farm operators and farm workers have physical disabilities

- 62% increase in Arthritis Exercise Program participants' ability to move without risk of injury in spite of their current health
- Ag Safety Days were attended by over 300 Oklahoma youth to increase safety in their homes, farms and communities

For information about our educational programs, contact your local county extension office and visit:

<http://www.fcs.okstate.edu>

FAMILY & CONSUMER SCIENCES

Creating Healthy & Sustainable Families



Education You Can Trust



GOAL

CRITICAL TRENDS

EXTENSION RESPONSE

IMPROVE FINANCES

- 16.8% of Oklahomans live in poverty
- 23.5% of children in Oklahoma live in poverty
- Oklahoma has one of the highest student loan default rates in the nation

- 119% increase in adults planning to regularly track income and spending
- 71% decrease in adults who do not plan on paying off their credit card balance each month
- 141% increase in youth caution in how money is spent
- 90% increase in youth knowing importance of putting money in the bank

INCREASE JOBS & EMPLOYMENT

- Oklahoma maintains a jobs deficit of 74,300 for the state's growing working age population
- 8% of 16-34 year olds are not hired because of inappropriate social media activities
- 48% of hiring managers who use social media sites to screen candidates found information that caused them not to hire a candidate
- Unemployment rate in Oklahoma, including underemployed and discouraged workers, is 8.2%

- PRIDE Program has increased community action to develop assets that support employment and economic opportunities as well as increased readiness for employment opportunities
- Overcoming Obstacles teaches important life skills such as communication, decision making and goal setting. High school students participating in the program also focus on planning of continuing education and career readiness, as well as how to excel on the job.

REDUCE RISKY BEHAVIORS

- Oklahoma has the second highest teen birth rate in the nation for 15 to 19 year olds
- 3,911 Oklahoma youth dropped out of high school
- 16,357 arrests for violent crimes involved children or adolescents between 10-17 years

- 26% increase in child having at least one good friend
- 25% increase in child having a good attention span, seeing work through to the end
- 114% increase in child being considerate of other people's feelings

REDUCE FAMILY BREAKDOWN

- Oklahoma ranks among the top 5 in all states for number of divorces
- Oklahoma families with children and headed by single mothers are 4.5 times more likely to be in poverty than families headed by married couples
- Youth whose parents' divorce have a 25%-30% increased risk of suffering a mental health condition.

- Oklahoma Cooperative Extension provided expertise during the legislative process to ensure a new statewide law included appropriate education for divorcing parents with minor children.
- Co-Parenting for Resilience was provided in 30 Oklahoma counties
- Over half of participants who completed evaluations were motivated to change their behavior toward their co-parent

IMPROVE RESILIENCE

- 14,172 children were confirmed to be victims of abuse and neglect in 2014
- An estimated 26,106 children have an incarcerated parent on any given day

- 69% increase in belief that children need encouragement as much as they need discipline
- 400% increase in feeling sure of self as a mother/father
- 214% increase in persistence in trying to solve problems between parent and their child

