



Strengthening Oklahoma Families



# Bryan County

## 2014 FCS Impacts

### SELECTED ISSUES

#### Health

- 4,116 babies were born from 2005-2011
- 326 babies were born with low birth weight
- 12% of the population has been diagnosed with diabetes
- 33% was estimated to be obese in 2010
- 30% have been found to be physically inactive

#### Hunger

- 16% of the county have been found to be food insecure
- 7% have limited access to healthy foods

#### Safety

- 2,280 (14%) homes with severe problems such as overcrowding, high housing costs, or lack of kitchen or plumbing facilities

### EXTENSION'S RESPONSE

#### Health

*Nine adults completed evaluations which asked how they plan to change their behavior as a result of attending Health Issue Team programming.*

- 55% plan to be physically active at least 60 minutes throughout the day
- 57% intend to follow a plan to manage their health
- 44% are physically able to participate in physical activity as often as they would like
- 239 youth attended Farm to You; trained 25 FCCLA students to serve as volunteers for the exhibit

#### Hunger

*20 adults completed evaluations which asked how they plan to change their behavior as a result of attending Hunger Issue Team programming on canning*

- 91% plan to use safe and effective food preservation practices; double the number from before Extension programming
- 43% increase in those who plan to grow, produce, hunt or fish for some of their own food
- 30% increase in those who plan to use safe food storage practices

After attending the Art of Pastry Making Day Camp a youth reported she made homemade pie dough and individual pot pies for her family in celebration of Father's Day.

A participant in the Home Canning Workshop used the green grapes and carrots she canned during the workshop as entries in the Atoka County Fair and won blue ribbons for both entries. The participant had never entered the fair before but now plans on entering something next year.

#### Safety

*Five adults completed evaluations which asked how they plan to change their behavior as a result of attending Safety Issue Team programming.*

- 80% plan to prepare a 3-day emergency kit
- 80% plan to prepare a home evacuation plan
- 75% plan to write an emergency preparedness plan

**Statewide Statistics:** The Oklahoma Cooperative Extension Service and its Family & Consumer Sciences Educators provide research-based programs to improve on these socio-economic indicators. Our goals are listed below, along with some challenging statistics for the state.

### Health

*Working towards increasing the number of Oklahomans maintaining or improving their health through safe and healthy food and physical activity choices*

- Infant mortality in Oklahoma is 8.6 (per 1,000 births). This is 30% higher than the national average<sup>8</sup>
- 375,310 births in Oklahoma from 2005-2011<sup>1</sup>
- 31,112 babies were born with low birth weight. This is 8.3% of total births in the state<sup>1</sup>
- 11% of Oklahomans have been diagnosed with diabetes<sup>1</sup>
- 24% of Oklahomans are active smokers in 2012<sup>1</sup>
- 32% of adult Oklahomans were obese in 2010<sup>1</sup>
- 31% of adult Oklahomans are physically inactivate

### Risky Behaviors

*Working towards reducing the number of children and youth engaging in high-risk behaviors which lead to negative outcomes*

- 48,921 teen births in Oklahoma from 2005-2011<sup>1</sup>
- 38.3% of Oklahoma students grades 9-12 report current alcohol consumption<sup>4</sup>
- 1,226 alcohol impaired driving deaths<sup>1</sup>
- 34% of all driving deaths involved alcohol<sup>1</sup>
- 21% decrease statewide in school drop-out rates from 2006-2010<sup>5</sup>

### Safety

*Working towards helping Oklahomans reduce risks that could harm their health, well-being, and safety in their homes, homesteads and communities*

- 17,939 violent crimes annually from 2009-2011
- 15,251 deaths from injury in 2011<sup>1</sup>
- 197,605 (14%) homes with severe problems, such as overcrowding, high housing costs, or lack of kitchen or plumbing facilities<sup>1</sup>

### Environment

*Working towards increasing the number of Oklahomans that prevent/decrease the degradation of their environments*

- 18% of Oklahomans in 2012 were exposed to violations in safe drinking water regulations<sup>1</sup>

### Hunger

*Working towards reducing the number of Oklahomans experiencing hunger*

- 17% of Oklahomans are found to be food insecure<sup>1</sup>
- 9% have limited access to healthy foods<sup>1</sup>

### Jobs & Employment

*Working towards Oklahomans increasing personal and community life readiness for employment and economic opportunities*

- 73,722 people are not proficient in English in Oklahoma<sup>2</sup> That is only 2.1% of the total population.
- 78% of Oklahoma students graduated in 2010-2011<sup>1</sup>
- 5.2% unemployment in Oklahoma<sup>1</sup>

### Family Breakdown

*Working towards helping Oklahoma's couples reducing their risk of separation or divorce and strengthening their relationship*

- 33% of families live in a single parent household in 2012<sup>1</sup>
- 24.6% of the population is below 18 yrs. of age<sup>2</sup>

### Resilience

*Working towards Oklahoma children, youth and adults being successful and resilient in their lives*

- 9,842 cases of child abuse were substantiated in Oklahoma in 2012<sup>6</sup>
- 26,106 children with an incarcerated parent in 2011<sup>7</sup>
- 24% of Oklahoma's children live in poverty<sup>1</sup>

### Finances

*Helping Oklahomans increase their financial readiness for life events*

- 16.6% of Oklahomans live below the poverty level<sup>2</sup>
- \$44,336 is the median household income in Oklahoma<sup>1</sup>
- 1.9 million homes in Oklahoma entered foreclosure in 2011<sup>3</sup>

# The State of Families in Oklahoma 2014



<sup>1</sup><http://www.countyhealthrankings.org/app/oklahoma/2014/overview> <sup>2</sup><http://quickfacts.census.gov/qfd/states/40000.html> <sup>3</sup><http://newsok.com/oklahomas-foreclosure-rate-is-32nd-in-nation/article/3639883> <sup>4</sup>[http://ok.gov/odmhas/documents/2012\\_Oklahoma\\_Epidemiological\\_Profile\\_Short\\_CN%20comments.pdf](http://ok.gov/odmhas/documents/2012_Oklahoma_Epidemiological_Profile_Short_CN%20comments.pdf) <sup>5</sup><http://www.datacenter.kidscount.org/data/tables/4129-change-over-time-in-high-school-dropout-rates?loc=38&loct=2#detailed/5/5266-5342/false/1020/any/9367> <sup>6</sup><http://www.ok.gov/health2/documents/Combined%20State%20Plan%20Docs.pdf> <sup>7</sup><http://datacenter.kidscount.org/data/tables/5931-children-of-incarcerated-parents-index?loc=38&loct=2#detailed/5/5266-5342/false/875/799/12559> <sup>8</sup><http://www.ok.gov/health/pub/boh/state/SOSH2011.pdf>