



Strengthening Oklahoma Families



Coal County

2014 FCS Impacts

SELECTED ISSUES

Hunger

- 18% of the county's population have been found to be food insecure
- 12% have limited access to healthy foods

Jobs & Employment

- 94% of students graduated from high school in 2011
- 5.9% unemployment in the county

Risky Behaviors

- 102 teen births from 2005-2011
- 7 alcohol impaired driving deaths in the county
- 58% of all driving deaths involve alcohol
- 17% decrease countywide in school drop-out rates

EXTENSION'S RESPONSE

Hunger

11 adults attended the Dining with Diabetes program and 5 participants completed evaluations which asked how they plan to change their behavior as a result of attending Hunger Issue Team programming

- There was a 25% increase in those who plan to cook meals at home
- There was a 25% increase in those who plan to use simple recipes to cook food

Participants plan to apply what they learned not only to their own lives, but those of their family members. The biggest thing participants learned is that there is nothing they cannot eat, they just have to make conscious food decisions.

Jobs & Employment

14 youth attended Overcoming Obstacles and learned about the skills needed to start a business. They learned that everyone is skilled in one or more areas and how to turn weaknesses into strengths.

Risky Behaviors

Three Active Parenting Now/Active Parenting for Teens participants completed program evaluations

- 75% believe parents should give their children choices instead of telling them what to do
- 75% believe children need encouragement as much as they need discipline
- 100% feel sure of themselves as a mother or father
- 75% know things about being a mother/father that would be helpful to other parents.

Through the teaching of my Active Parenting Now class I revealed my former profession was in Child Welfare. One of the students in my class called me for advice regarding an upcoming court case for her child because she trusted my opinion.

55 children participated in Health Rocks! And were able to demonstrate that they had learned the difference between a fact and an assumption, how to make a good decision, and how drugs and alcohol affect their body.



For information about our educational programs, contact your local county extension office and visit: <http://www.fcs.okstate.edu>

Statewide Statistics: The Oklahoma Cooperative Extension Service and its Family & Consumer Sciences Educators provide research-based programs to improve on these socio-economic indicators. Our goals are listed below, along with some challenging statistics for the state.

Health

Working towards increasing the number of Oklahomans maintaining or improving their health through safe and healthy food and physical activity choices

- Infant mortality in Oklahoma is 8.6 (per 1,000 births). This is 30% higher than the national average⁸
- 375,310 births in Oklahoma from 2005-2011¹
- 31,112 babies were born with low birth weight. This is 8.3% of total births in the state¹
- 11% of Oklahomans have been diagnosed with diabetes¹
- 24% of Oklahomans are active smokers in 2012¹
- 32% of adult Oklahomans were obese in 2010¹
- 31% of adult Oklahomans are physically inactivate

Risky Behaviors

Working towards reducing the number of children and youth engaging in high-risk behaviors which lead to negative outcomes

- 48,921 teen births in Oklahoma from 2005-2011¹
- 38.3% of Oklahoma students grades 9-12 report current alcohol consumption⁴
- 1,226 alcohol impaired driving deaths¹
- 34% of all driving deaths involved alcohol¹
- 21% decrease statewide in school drop-out rates from 2006-2010⁵

Safety

Working towards helping Oklahomans reduce risks that could harm their health, well-being, and safety in their homes, homesteads and communities

- 17,939 violent crimes annually from 2009-2011
- 15,251 deaths from injury in 2011¹
- 197,605 (14%) homes with severe problems, such as overcrowding, high housing costs, or lack of kitchen or plumbing facilities¹

Environment

Working towards increasing the number of Oklahomans that prevent/decrease the degradation of their environments

- 18% of Oklahomans in 2012 were exposed to violations in safe drinking water regulations¹

Hunger

Working towards reducing the number of Oklahomans experiencing hunger

- 17% of Oklahomans are found to be food insecure¹
- 9% have limited access to healthy foods¹

Jobs & Employment

Working towards Oklahomans increasing personal and community life readiness for employment and economic opportunities

- 73,722 people are not proficient in English in Oklahoma²
That is only 2.1% of the total population.
- 78% of Oklahoma students graduated in 2010-2011¹
- 5.2% unemployment in Oklahoma¹

Family Breakdown

Working towards helping Oklahoma's couples reducing their risk of separation or divorce and strengthening their relationship

- 33% of families live in a single parent household in 2012¹
- 24.6% of the population is below 18 yrs. of age²

Resilience

Working towards Oklahoma children, youth and adults being successful and resilient in their lives

- 9,842 cases of child abuse were substantiated in Oklahoma in 2012⁶
- 26,106 children with an incarcerated parent in 2011⁷
- 24% of Oklahoma's children live in poverty¹

Finances

Helping Oklahomans increase their financial readiness for life events

- 16.6% of Oklahomans live below the poverty level²
- \$44,336 is the median household income in Oklahoma¹
- 1.9 million homes in Oklahoma entered foreclosure in 2011³

The State of Families in Oklahoma 2014



¹<http://www.countyhealthrankings.org/app/oklahoma/2014/overview> ²<http://quickfacts.census.gov/qfd/states/40000.html> ³<http://newsok.com/oklahomas-foreclosure-rate-is-32nd-in-nation/article/3639883> ⁴http://ok.gov/odmhas/documents/2012_Oklahoma_Epidemiological_Profile_Short_CN%20comments.pdf ⁵<http://www.datacenter.kidscount.org/data/tables/4129-change-over-time-in-high-school-dropout-rates?loc=38&loct=2#detailed/5/5266-5342/false/1020/any/9367> ⁶<http://www.ok.gov/health2/documents/Combined%20State%20Plan%20Docs.pdf> ⁷<http://datacenter.kidscount.org/data/tables/5931-children-of-incarcerated-parents-index?loc=38&loct=2#detailed/5/5266-5342/false/875/799/12559> ⁸<http://www.ok.gov/health/pub/boh/state/SOSH2011.pdf>