



Strengthening Oklahoma Families



# Marshall County

## 2014 FCS Impacts

### SELECTED ISSUES

#### Health

- 1,433 babies were born from 2005-2011
- 95 babies were born with low birth weight
- 13% of the population has been diagnosed with diabetes
- 34% was estimated to be obese in 2010
- 35% have been found to be physically inactive

#### Family Breakdown

- 31% of families live in a single parent household
- 24% of the population is below 18 yrs. old

#### Risky Behaviors

- 263 teen births from 2005-2011
- 10 alcohol impaired driving deaths in the county
- 29% of all driving deaths involve alcohol
- 104% increase countywide in school drop-out rates

### EXTENSION'S RESPONSE

#### Health

The Growing Strong Bodies and Minds program was presented to 127 children at the Madill Early Childhood Center. Aside from teacher comments that the kids are trying new foods, identifying food groups at lunch, etc. I had a mom catch me at a basketball game to tell me her daughter tried a food with me during our fruit and veggie tasting day that she always said she hated, but came home and said she tried it and liked it.

Her mom thanked me and said she appreciated the program being offered at her daughter's school.

#### Family Breakdown

*21 of 25 participants in the Co-Parenting for Resilience program completed evaluations*

- 70% rated the program as very useful in motivating them to change their behavior toward their co-parent
- 75% rated the program as very useful in teaching them new ways to be an effective parent during and after the divorce
- 86% would recommend the program to a friend who was divorcing

#### Risky Behaviors

*2 participants in the Active Parenting program completed evaluations which asked how they plan to change their behavior as a result of attending issue team programming*

- Both participants believe parents should play or do something fun with their children every day
- Both participants believe children need encouragement as much as they need discipline
- Both participants believe children need to have daily responsibilities around the house
- Both participants know they are doing a good job as a mother/father
- When things are going badly with their child, both parents will keep trying until things begin to change



For information about our educational programs, contact your local county extension office and visit: <http://www.fcs.okstate.edu>

**Statewide Statistics:** The Oklahoma Cooperative Extension Service and its Family & Consumer Sciences Educators provide research-based programs to improve on these socio-economic indicators. Our goals are listed below, along with some challenging statistics for the state.

### Health

*Working towards increasing the number of Oklahomans maintaining or improving their health through safe and healthy food and physical activity choices*

- Infant mortality in Oklahoma is 8.6 (per 1,000 births). This is 30% higher than the national average<sup>8</sup>
- 375,310 births in Oklahoma from 2005-2011<sup>1</sup>
- 31,112 babies were born with low birth weight. This is 8.3% of total births in the state<sup>1</sup>
- 11% of Oklahomans have been diagnosed with diabetes<sup>1</sup>
- 24% of Oklahomans are active smokers in 2012<sup>1</sup>
- 32% of adult Oklahomans were obese in 2010<sup>1</sup>
- 31% of adult Oklahomans are physically inactivate

### Risky Behaviors

*Working towards reducing the number of children and youth engaging in high-risk behaviors which lead to negative outcomes*

- 48,921 teen births in Oklahoma from 2005-2011<sup>1</sup>
- 38.3% of Oklahoma students grades 9-12 report current alcohol consumption<sup>4</sup>
- 1,226 alcohol impaired driving deaths<sup>1</sup>
- 34% of all driving deaths involved alcohol<sup>1</sup>
- 21% decrease statewide in school drop-out rates from 2006-2010<sup>5</sup>

### Safety

*Working towards helping Oklahomans reduce risks that could harm their health, well-being, and safety in their homes, homesteads and communities*

- 17,939 violent crimes annually from 2009-2011
- 15,251 deaths from injury in 2011<sup>1</sup>
- 197,605 (14%) homes with severe problems, such as overcrowding, high housing costs, or lack of kitchen or plumbing facilities<sup>1</sup>

### Environment

*Working towards increasing the number of Oklahomans that prevent/decrease the degradation of their environments*

- 18% of Oklahomans in 2012 were exposed to violations in safe drinking water regulations<sup>1</sup>

### Hunger

*Working towards reducing the number of Oklahomans experiencing hunger*

- 17% of Oklahomans are found to be food insecure<sup>1</sup>
- 9% have limited access to healthy foods<sup>1</sup>

### Jobs & Employment

*Working towards Oklahomans increasing personal and community life readiness for employment and economic opportunities*

- 73,722 people are not proficient in English in Oklahoma<sup>2</sup> That is only 2.1% of the total population.
- 78% of Oklahoma students graduated in 2010-2011<sup>1</sup>
- 5.2% unemployment in Oklahoma<sup>1</sup>

### Family Breakdown

*Working towards helping Oklahoma's couples reducing their risk of separation or divorce and strengthening their relationship*

- 33% of families live in a single parent household in 2012<sup>1</sup>
- 24.6% of the population is below 18 yrs. of age<sup>2</sup>

### Resilience

*Working towards Oklahoma children, youth and adults being successful and resilient in their lives*

- 9,842 cases of child abuse were substantiated in Oklahoma in 2012<sup>6</sup>
- 26,106 children with an incarcerated parent in 2011<sup>7</sup>
- 24% of Oklahoma's children live in poverty<sup>1</sup>

### Finances

*Helping Oklahomans increase their financial readiness for life events*

- 16.6% of Oklahomans live below the poverty level<sup>2</sup>
- \$44,336 is the median household income in Oklahoma<sup>1</sup>
- 1.9 million homes in Oklahoma entered foreclosure in 2011<sup>3</sup>

# The State of Families in Oklahoma 2014



<sup>1</sup><http://www.countyhealthrankings.org/app/oklahoma/2014/overview> <sup>2</sup><http://quickfacts.census.gov/qfd/states/40000.html> <sup>3</sup><http://newsok.com/oklahomas-foreclosure-rate-is-32nd-in-nation/article/3639883> <sup>4</sup>[http://ok.gov/odmhsas/documents/2012\\_Oklahoma\\_Epidemiological\\_Profile\\_Short\\_CN%20comments.pdf](http://ok.gov/odmhsas/documents/2012_Oklahoma_Epidemiological_Profile_Short_CN%20comments.pdf) <sup>5</sup><http://www.datacenter.kidscount.org/data/tables/4129-change-over-time-in-high-school-dropout-rates?loc=38&loct=2#detailed/5/5266-5342/false/1020/any/9367> <sup>6</sup><http://www.ok.gov/health2/documents/Combined%20State%20Plan%20Docs.pdf> <sup>7</sup><http://datacenter.kidscount.org/data/tables/5931-children-of-incarcerated-parents-index?loc=38&loct=2#detailed/5/5266-5342/false/875/799/12559> <sup>8</sup><http://www.ok.gov/health/pub/boh/state/SOSH2011.pdf>