



Strengthening Oklahoma Families



Oklahoma County 2014 FCS Impacts

SELECTED ISSUES

Health

- 85,423 babies were born from 2005-2011
- 7,672 babies were born with low birth weight
- 11% of the population has been diagnosed with diabetes
- 30% was estimated to be obese in 2010
- 30% have been found to be physically inactive

Hunger

- 18% of the county have been found to be food insecure
- 9% have limited access to healthy foods

Finances

- \$43,623 is the median household income
- 18% of the county live below the poverty level

Family Breakdown

- 37% of families live in a single parent household
- 25% of the population is below 18 yrs. old

Risky Behaviors

- 10,275 teen births from 2005-2011
- 132 alcohol impaired driving deaths in the county
- 34% of all driving deaths involve alcohol
- 28% decrease countywide in school drop-out rates

Resilience

- 27% (50,700) of children in the county live in poverty
- 295 children annually have a parent who is incarcerated

EXTENSION'S RESPONSE

Health

47 adult participants completed evaluations which asked how they plan to change their behavior as a result of attending issue team programming

- 69% plan to eat a serving of fruit 2 or more times each day
- 74% plan to eat a serving of vegetables 3 or more times each day
- 62% plan to eat a whole grain food 3 or more times each day
- 72% plan to eat or drink a serving of calcium-rich food 2 or 3 times each day

Hunger

I taught the Healthy Eating on a Budget at McKinley Head Start. The participants really enjoyed the class and thanked me for giving them advice. They learned how to stretch their food dollars.

Family Breakdown

96 participants in the Co-Parenting for Resilience program gave permission for their completed evaluations to be used in state-wide reporting.

- 69% rated the program as very helpful in teaching them new ways to be an effective parent during and after the divorce
- 80% would recommend the program to a friend who was divorcing



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<http://www.fcs.okstate.edu>

Statewide Statistics: The Oklahoma Cooperative Extension Service and its Family & Consumer Sciences Educators provide research-based programs to improve on these socio-economic indicators. Our goals are listed below, along with some challenging statistics for the state.

Health

Working towards increasing the number of Oklahomans maintaining or improving their health through safe and healthy food and physical activity choices

- Infant mortality in Oklahoma is 8.6 (per 1,000 births). This is 30% higher than the national average⁸
- 375,310 births in Oklahoma from 2005-2011¹
- 31,112 babies were born with low birth weight. This is 8.3% of total births in the state¹
- 11% of Oklahomans have been diagnosed with diabetes¹
- 24% of Oklahomans are active smokers in 2012¹
- 32% of adult Oklahomans were obese in 2010¹
- 31% of adult Oklahomans are physically inactivate

Risky Behaviors

Working towards reducing the number of children and youth engaging in high-risk behaviors which lead to negative outcomes

- 48,921 teen births in Oklahoma from 2005-2011¹
- 38.3% of Oklahoma students grades 9-12 report current alcohol consumption⁴
- 1,226 alcohol impaired driving deaths¹
- 34% of all driving deaths involved alcohol¹
- 21% decrease statewide in school drop-out rates from 2006-2010⁵

Safety

Working towards helping Oklahomans reduce risks that could harm their health, well-being, and safety in their homes, homesteads and communities

- 17,939 violent crimes annually from 2009-2011
- 15,251 deaths from injury in 2011¹
- 197,605 (14%) homes with severe problems, such as overcrowding, high housing costs, or lack of kitchen or plumbing facilities¹

Environment

Working towards increasing the number of Oklahomans that prevent/decrease the degradation of their environments

- 18% of Oklahomans in 2012 were exposed to violations in safe drinking water regulations¹

Hunger

Working towards reducing the number of Oklahomans experiencing hunger

- 17% of Oklahomans are found to be food insecure¹
- 9% have limited access to healthy foods¹

Jobs & Employment

Working towards Oklahomans increasing personal and community life readiness for employment and economic opportunities

- 73,722 people are not proficient in English in Oklahoma² That is only 2.1% of the total population.
- 78% of Oklahoma students graduated in 2010-2011¹
- 5.2% unemployment in Oklahoma¹

Family Breakdown

Working towards helping Oklahoma's couples reducing their risk of separation or divorce and strengthening their relationship

- 33% of families live in a single parent household in 2012¹
- 24.6% of the population is below 18 yrs. of age²

Resilience

Working towards Oklahoma children, youth and adults being successful and resilient in their lives

- 9,842 cases of child abuse were substantiated in Oklahoma in 2012⁶
- 26,106 children with an incarcerated parent in 2011⁷
- 24% of Oklahoma's children live in poverty¹

Finances

Helping Oklahomans increase their financial readiness for life events

- 16.6% of Oklahomans live below the poverty level²
- \$44,336 is the median household income in Oklahoma¹
- 1.9 million homes in Oklahoma entered foreclosure in 2011³

The State of Families in Oklahoma 2014



¹<http://www.countyhealthrankings.org/app/oklahoma/2014/overview> ²<http://quickfacts.census.gov/qfd/states/40000.html> ³<http://newsok.com/oklahomas-foreclosure-rate-is-32nd-in-nation/article/3639883> ⁴http://ok.gov/odmhas/documents/2012_Oklahoma_Epidemiological_Profile_Short_CN%20comments.pdf ⁵<http://www.datacenter.kidscount.org/data/tables/4129-change-over-time-in-high-school-dropout-rates?loc=38&loct=2#detailed/5/5266-5342/false/1020/any/9367> ⁶<http://www.ok.gov/health2/documents/Combined%20State%20Plan%20Docs.pdf> ⁷<http://datacenter.kidscount.org/data/tables/5931-children-of-incarcerated-parents-index?loc=38&loct=2#detailed/5/5266-5342/false/875/799/12559> ⁸<http://www.ok.gov/health/pub/boh/state/SOSH2011.pdf>



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Educator: Diana Romano

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- 62% plan to eat a whole grain food 3 or more times each day
- 72% plan to eat or drink a serving of calcium-rich food 2 or 3 times each day
- 64% plan to be physically active at least 60 minutes throughout the day
- 52% plan to cook meals at home
- 59% plan to use safe food handling practices
- 56% plan to use safe food storage practices

Hunger

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Risky Behaviors

Working towards reducing the number of children and youth engaging in high-risk behaviors which lead to negative outcomes

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- 38.3% of Oklahoma students grades 9-12 report current alcohol consumption⁴
- 1,226 alcohol impaired driving deaths¹
- 34% of all driving deaths involved alcohol¹
- 21% decrease statewide in school drop-out rates from 2006-2010⁵

Safety

Working towards helping Oklahomans reduce risks that could harm their health, well-being, and safety in their homes, homesteads and communities

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- 197,605 (14%) homes with severe problems, such as overcrowding, high housing costs, or lack of kitchen or plumbing facilities¹

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Jobs & Employment

Working towards Oklahomans increasing personal and community life readiness for employment and economic opportunities

- 73,722 people are not proficient in English in Oklahoma² That is only 2.1% of the total population.
- 78% of Oklahoma students graduated in 2010-2011¹
- 5.2% unemployment in Oklahoma¹

Family Breakdown

Working towards helping Oklahoma's couples reducing their risk of separation or divorce and strengthening their relationship

- 33% of families live in a single parent household in 2012¹
- 24.6% of the population is below 18 yrs. of age²

Resilience

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Educator: Lisa Hamblin

EXTENSION'S RESPONSE

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- 57% rated the program as very helpful in motivating them to change their behavior toward their co-parent
- 69% rated the program as very helpful in teaching them new ways to be an effective parent during and after the divorce
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