



Strengthening Oklahoma Families



Ottawa County

2014 FCS Impacts

SELECTED ISSUES

Hunger

- 15% of the county have been found to be food insecure
- 19% have limited access to healthy foods

Risky Behaviors

- 605 teen births from 2005-2011
- 19 alcohol impaired driving deaths in the county
- 33% of all driving deaths involve alcohol
- 82% decrease countywide in school drop-out rates

Family Breakdown

- 38% of families live in a single parent household
- 25% of the population is below 18 years old

EXTENSION'S RESPONSE

Hunger

Learn to Grow is a gardening project with Child Care facilities and Head Start programs in Craig, Delaware, Mayes, Nowata and Ottawa Counties. The primary partners are Extension, Cherokee Nation and Department of Human Services. In the first year (2013) we put 90 raised bed gardens in 78 child care facilities and reached 2,902 children with an impact on approximately 10,157 family members. In 2014 we had 222 garden beds in 102 facilities, reaching over 3,249 children and impacting 11,721 family members. We have 82% of the facilities in the five counties participating in the Learn to Grow project.

119 participants completed evaluations which asked how they plan to change their behavior as a result of attending Learning to Grow

- 61% increase in plans to use money saving meal planning or food shopping practices
- 53% increase in those who plan to use simple recipes to cook food
- 81% plan to grow, produce, hunt or fish for some of their own food
- 91% plan to use safe food storage



For information about our educational programs, contact your local county extension office and visit:
<http://www.fcs.okstate.edu>

Statewide Statistics: The Oklahoma Cooperative Extension Service and its Family & Consumer Sciences Educators provide research-based programs to improve on these socio-economic indicators. Our goals are listed below, along with some challenging statistics for the state.

Health

Working towards increasing the number of Oklahomans maintaining or improving their health through safe and healthy food and physical activity choices

- Infant mortality in Oklahoma is 8.6 (per 1,000 births). This is 30% higher than the national average⁸
- 375,310 births in Oklahoma from 2005-2011¹
- 31,112 babies were born with low birth weight. This is 8.3% of total births in the state¹
- 11% of Oklahomans have been diagnosed with diabetes¹
- 24% of Oklahomans are active smokers in 2012¹
- 32% of adult Oklahomans were obese in 2010¹
- 31% of adult Oklahomans are physically inactivate

Risky Behaviors

Working towards reducing the number of children and youth engaging in high-risk behaviors which lead to negative outcomes

- 48,921 teen births in Oklahoma from 2005-2011¹
- 38.3% of Oklahoma students grades 9-12 report current alcohol consumption⁴
- 1,226 alcohol impaired driving deaths¹
- 34% of all driving deaths involved alcohol¹
- 21% decrease statewide in school drop-out rates from 2006-2010⁵

Safety

Working towards helping Oklahomans reduce risks that could harm their health, well-being, and safety in their homes, homesteads and communities

- 17,939 violent crimes annually from 2009-2011
- 15,251 deaths from injury in 2011¹
- 197,605 (14%) homes with severe problems, such as overcrowding, high housing costs, or lack of kitchen or plumbing facilities¹

Environment

Working towards increasing the number of Oklahomans that prevent/decrease the degradation of their environments

- 18% of Oklahomans in 2012 were exposed to violations in safe drinking water regulations¹

Hunger

Working towards reducing the number of Oklahomans experiencing hunger

- 17% of Oklahomans are found to be food insecure¹
- 9% have limited access to healthy foods¹

Jobs & Employment

Working towards Oklahomans increasing personal and community life readiness for employment and economic opportunities

- 73,722 people are not proficient in English in Oklahoma² That is only 2.1% of the total population.
- 78% of Oklahoma students graduated in 2010-2011¹
- 5.2% unemployment in Oklahoma¹

Family Breakdown

Working towards helping Oklahoma's couples reducing their risk of separation or divorce and strengthening their relationship

- 33% of families live in a single parent household in 2012¹
- 24.6% of the population is below 18 yrs. of age²

Resilience

Working towards Oklahoma children, youth and adults being successful and resilient in their lives

- 9,842 cases of child abuse were substantiated in Oklahoma in 2012⁶
- 26,106 children with an incarcerated parent in 2011⁷
- 24% of Oklahoma's children live in poverty¹

Finances

Helping Oklahomans increase their financial readiness for life events

- 16.6% of Oklahomans live below the poverty level²
- \$44,336 is the median household income in Oklahoma¹
- 1.9 million homes in Oklahoma entered foreclosure in 2011³

The State of Families in Oklahoma 2014



¹<http://www.countyhealthrankings.org/app/oklahoma/2014/overview> ²<http://quickfacts.census.gov/qfd/states/40000.html> ³<http://newsok.com/oklahomas-foreclosure-rate-is-32nd-in-nation/article/3639883> ⁴http://ok.gov/odmhas/documents/2012_Oklahoma_Epidemiological_Profile_Short_CN%20comments.pdf ⁵<http://www.datacenter.kidscount.org/data/tables/4129-change-over-time-in-high-school-dropout-rates?loc=38&loct=2#detailed/5/5266-5342/false/1020/any/9367> ⁶<http://www.ok.gov/health2/documents/Combined%20State%20Plan%20Docs.pdf> ⁷<http://datacenter.kidscount.org/data/tables/5931-children-of-incarcerated-parents-index?loc=38&loct=2#detailed/5/5266-5342/false/875/799/12559> ⁸<http://www.ok.gov/health/pub/boh/state/SOSH2011.pdf>