



# FAMILY & CONSUMER SCIENCES 2015 IMPACTS

## 96%

learned new ways to be an effective parent during and after the divorce

**Co-Parenting for Resilience** provides divorcing parents with insights, strategies, and skills necessary to help reduce stress and conflict associated with divorce and to promote adjustment and resilience among their children. This program fulfills the requirements of HB2249.



## 21%

increased their confidence and ability to parent

**Active Parenting** class participants improved their parenting skills, reduced their risk of separation and/or divorce and strengthened their relationships.

## 31%

increase ability to participate in physical activity

**Keep moving with Arthritis** is a program designed to improve movement without risk of injury, so Oklahomans can continue daily activities with minimal difficulty.



## 33%

reduction in school absences

**Juntos (Together) for a better education** reduces high school dropout rates, and increases academic achievement and college enrollment among Oklahoma's Latino youth. The program increases parental engagement in school, youth motivation and self-efficacy, and positive peer affiliations.

## 27%

improvement in fruit consumption

## 29%

improvement in vegetable consumption

## 24%

increase in physical activity



## 54%

increase in plans to use safe food handling practices

**The OrganWise Guys** helps kids to make healthy and smart food choices, and to increase physical activities in their daily lives.

**Food Safety Programs** taught Oklahomans how to handle, prepare, preserve, and store food safely to avoid illness and prevent food waste.

*Strengthening Oklahoma*



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## 84%

of participants plan to regularly make a written spending plan and track income and spending

**Making Sense of Money Management** helps Oklahomans control how they spend their money by setting financial goals.



## 386

Oklahomans pledged to create emergency kits

**Building a Kit on a Budget** works to increase the number of Oklahomans prepared for emergencies. Families who have developed emergency kits and emergency plans will be better prepared to mitigate loss.

## OKLAHOMA HOME & COMMUNITY EDUCATION, INC (OHCE)

OHCE raised funds for scholarships and community service projects.

OHCE provided programs for young readers to increase literacy among children.

OHCE groups helped to reduce hunger among Oklahomans through volunteering and donating to local food banks, and through programs such as "Drive by Fruiting" (*designed to help elderly and home-bound Oklahomans by delivering fresh fruits and vegetables*).



OHCE has a total of **3,787** members in **74** counties in Oklahoma